



## Haz Mat 2 Haz Mat Team Medical Monitoring

<b>Incident #:</b>		<b>Address:</b>				
<b>Date:</b>		<b>Medical Officer:</b>		<b>EMS Unit:</b>		
<b>HazMat Technician:</b>				<b>Age:</b>	<b>Sex:</b>	
<b>Chemical Involved:</b>						
ITEM	PRE-ENTRY	✓	POST-ENTRY AFTER:			
		✗	0 minutes	20 minutes	40 minutes	60 minutes
<b>Examiner</b>						
<b>TIME</b>						
<b>Temperature</b>						
<b>Pulse</b>						
<b>Respirations</b>						
<b>Eye Response</b>						
<b>Blood Pressure</b>						
<b>Body Weight</b>						
<b>Skin Evaluation</b>						
<b>Lung Sounds</b>						
<b>Mental Status</b>						
<b>Hydration</b>						
<b>Medical History</b>						

- Technician returned to work-cycle at \_\_\_\_ : \_\_\_\_ hours as:
  - back-up team       entry team       other: .....
  
- Technician did not return to work-cycle and at \_\_\_\_ : \_\_\_\_ hours was assigned to:
 

.....
  
- Technician required medical attention, and was:
  - attended by .....at \_\_\_\_ : \_\_\_\_ hrs
  - transported by.....at \_\_\_\_ : \_\_\_\_ hrs
 to: .....

## Haz Mat 2

### Haz Mat Team Medical Exclusion Criteria

ITEM	PRE-ENTRY	POST-ENTRY					
<b>Temperature</b>	Oral temp <b>under:</b> <b>97°F</b> 36.1°C Oral temp <b>over:</b> <b>99.5°F</b> 37.5°C	Oral temp <b>over:</b> <b>101°F</b> 38.3°C					
<b>Pulse</b>	AGE / HEART RATE HR > 70% of maximum according to age (220 - age x 70%)						If not within 10% of pre-entry rate while sitting, check standing.
	age	hr♥	age	hr♥	age	hr♥	
	20	140	30	133	40	126	
	21	139	31	132	41	125	
	22	138	32	132	42	125	
	23	137	33	131	43	124	
	24	137	34	130	44	123	
	25	136	35	130	45	123	
	26	136	36	129	46	122	
	27	135	37	128	47	121	
28	134	38	127	48	120		
29	134	39	127	49	120		
<b>Respirations</b>	Over 24 per minute.						
<b>Eye Response</b>	Check pupils (size, reactivity)			Any change from baseline			
<b>Blood Pressure (systolic over diastolic)</b>	No systolic exclusion criteria.			Systolic drops 20 mm Hg from baseline.			
	Diastolic over 105 mm Hg.						
<b>Body Weight</b>	Weigh in personal clothing. No exclusion criteria.			Weight loss over 3% (remove sweaty clothing, if possible)			
<b>Skin evaluation</b>	Significant red / irritated sunburn Large skin rash Open sores Wounds Lesions			Profuse sweating Cold and/or clammy skin			
<b>Lung Sounds</b>	Wheezing Congestion irregular breathing						
<b>Mental Status</b>	Slurred speech Clumsiness Weakness Unable to spell a 5-letter word backwards			<b><i>In addition:</i></b> Headache Dizziness Disoriented (does not know time, place, person)			
<b>Hydration</b>	Did not drink minimum 1 - 2 cups of water.						

**Haz Mat 2**  
**Haz Mat Team Medical Exclusion Criteria**  
**(continued)**

<b>MEDICAL HISTORY</b>	
<b>Medical Conditions</b>	Hypertension - Uncontrolled or Recently Diagnosed Diabetes - Uncontrolled or Recently Diagnosed Asthma - Uncontrolled or Recently Diagnosed Recent Surgery Recent Onset of Heart Problems New Medical Diagnosis Pregnancy
<b>Illnesses Within Past 72 Hours</b>	Nausea / Vomiting Diarrhea Fever Cough current Upper Respiratory Tract Infection (bronchitis, pneumonia, chest/head cold) Urinary Urgency Menstrual Cramps Heat Stroke / Sunstroke
<b>Alcohol Use</b>	Heavy alcohol consumption in the past 24 hours. Any alcohol consumption in the past 3 hours.
<b>Prescription Medications</b>	Any newly prescribed medication (within the last two weeks).
<b>Over-the-Counter Medications</b>	Decongestants / antihistamines taken in the past 48 hours. eg. Hismanal, Claritin, Sinutab, Sudafed, Benadryl, Actifed. Antinauseants taken in the past 24 hours, eg. Gravol. Antidiarrheals taken in the past 24 hours eg. Lomotil, Imodium. Sleeping pills taken in the past 72 hours. Painkillers with codeine taken in the past 24 hours eg. 222's, Tylenol #1,2,3.